

### Tailor-made care for pregnant women

Congratulations on your pregnancy. Understandably, you seek the best care possible for you and your baby. Therefore it is good to know that nine regional midwifery practices as well as obstetricians, midwives, paediatricians, and neonatologists at *Reinier de Graaf Gasthuis* work closely together. Giving birth can almost always take place with the midwife at home or at the hospital. This partnership, which is officially named *Reinova Geboortegroep*, has enhanced safety of natal care in the Delft region even more.

### Tailor-made care

The first pregnancy check-up will take place at the midwifery practice. If you are diagnosed with coagulation disorders or have previously had an ectopic pregnancy or multiple miscarriages, you are advised to have the first check-up at the *Reinier de Graaf Gasthuis*. Each midwifery practice has its own obstetrician as a dedicated contact point at their disposal at *Reinier de Graaf Gasthuis*. The midwife's role continues as usual. The difference now is that your midwife is able to discuss your pregnancy with hospital-based obstetricians and midwives. If deemed necessary, a paediatrician or neonatologist may also be consulted. During this consultation a risk analysis will be drawn up. It may then be used as the base for your own care path: tailor-made. Among others, your care path specifies where and what care is provided. If possible, you may receive care from the midwife; and if needed, you receive care from the obstetrician. Obstetricians and midwives benefit from each other's expertise, both during antenatal care and during childbirth.

### Register

Are you a new patient at *Reinier de Graaf Gasthuis*? Please register yourself as soon as possible as a new patient; a patient number will be assigned to you after registration. You can register at the registration desk at all locations of *Reinier de Graaf Gasthuis*; in Delft, Voorburg, Naaldwijk, or Ypenburg. Without a patient number it is not possible for us to discuss your pregnancy with the obstetrician.

### Consent form

In order to provide you with the best possible care during your pregnancy, childbirth, and maternity care, it may be necessary for us to share your medical details with other health care providers who are affiliated to *Reinova Geboortegroep*. For this reason, we would ask you to sign the consent form.

### Family-centred care

If you change your mind about having a home birth, or circumstances may necessitate you to give birth in the hospital, you are welcome to the Maternity Department of the *Reinier de Graaf Gasthuis* Mother and Child Centre.

Together with your partner, you stay in a delivery suite and you may choose how you would like to give birth. You may give birth in a delivery bed, on a birthing stool, or in a birthing pool, provided that it does not pose any risks to health. At the Mother and Child Centre, all care is family-centred. After you have given birth, you may stay in the delivery suite together with your baby and your partner. If your baby requires extra care you may stay with your son or daughter in the Neonatal Unit at the Mother and Child Centre. Here we also provide family-centred care. This also includes maternity care. Both in the Maternity Department and the Neonatal Unit, our health care professionals will help prepare you and your partner on how to care for your new baby and make sure you can confidently return home.